## MEET TO MARRY MINDSET MANTRAS

Meet to Marry is not about "positive thinking" alone.

As we all know, positive thinking alone takes you only so far. In contrast to "positive thinking" that can feel good and be temporary, **Meet to Marry Mindset Mantras** support your healthy thinking with a new lens and reality-based thinking.

How will you know? It will flow.

Act in the present to secure the future.

There's no future in the past.

Reality, don't leave home without it.

Never date or marry potential.

Be a mother/father to myself. How can I expect others to love me, if I don't love myself?

Fear (f.e.a.r.) is false evidence appearing real.

To thyself be true.

I lived, I loved and I learned.

The only stable thing I can count on about life is that it will change.

Feelings aren't facts. Facts are facts.

Don't go against the flow of life.

If I'm in my comfort zone, I'm moving backwards.

No growth without stretching.

Challenge unhealthy thinking.

Live life consciously.

Attachment is the enemy of happiness.

Don't blow in the wind, be the wind!

I attract what I send out.

How can I expect to receive from another that which I won't give to myself?

My thoughts and feelings are energy. Make sure they are positive, the universe is listening.

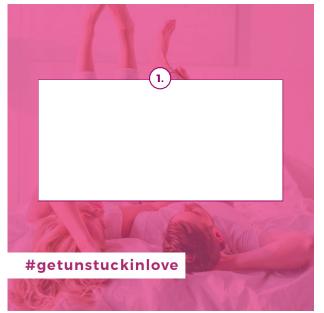
Don't go to bad neighborhoods

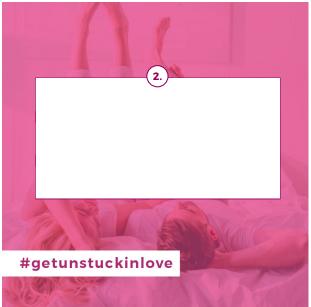
Everything works out for me!

I can have it the way I want it!

My soulmate is on the other side of my comfort zone









## Why did you choose them?

1.

2.

3.

