

# YOUR COMMITMENT TO SUCCESS IN LOVE

## WORKSHEET

**I AGREE** to forgive myself and others in areas where I'm holding on to regrets from the past.

**I AGREE** to have compassion for myself and others, realizing with a new lens that the past was part of my journey and today I am creating a brand new future separate from the past.

**I AGREE** to get powerfully complete with my past and understand that all of these experiences have been part of my life's journey.

**I AGREE** to be coachable and to have a beginner's mindset and "try it all on" with the knowledge that I can always go back to the way I was before. . . though I know I won't want to!

**I AGREE** to be grateful for the positive things in my life and to be conscious of them on a daily basis.

**I AGREE** to take full ownership of my experience in the program by showing up fully and being true to all of my commitments and being in communication so I can achieve my goals.

**I AGREE** to stretch into my wholeness by performing my daily practices, to use Meet to Marry Mindset Mantras, and to fill out my Sunday accountability form to support me.

**I AGREE** to embrace the new and principled Meet to Marry Conscious and Empowered Dating Method, that is totally different from how I approached dating before and sets me up for success!

**You are entitled to enjoy a real partnership, one in which you are the giver and receiver of unconditional love.**

**You do not become lovable when you find your soulmate, you find your soulmate because you know you are lovable.**

### Let's Write

How did it feel to commit to yourself in this way?

What are you feeling most excited about at this stage? What are you starting to notice about your mindset?

How are you going to live TODAY in order to create a love filled future?

***It's okay not to have all the answers. All you need is a commitment to leave your comfort zone and step into your love-filled future.***

