

This is a fun and creative process and now is the perfect time to create it. While you may have created vision boards in the past (so many of us have), they didn't work to manifest your dreams because the past blocks and barriers weren't transcended or handled.

Your Dreams Become Reality Vision Board brings it all together so you have a powerful display to look at every single day conditioning your dream with physiology and conviction! It features images, mantras and energy that represent your vision and brings it all together in a visual way!



Step 1 | Reflect

Revisit your **New Empowering Statement**, the **Meet to Marry Mantras** that resonate with you, and all the worksheets related to Your Emotional Needs, Your Essence, and Your Values and Your Goals. Jot down any images or key words that come to your mind that are related to your essence, why you'll be a great spouse, your emotional needs, your values and goals and vision.

Step 2 | Gather

Find images on the internet or in magazines that reflect these elements! Get a large sturdy sheet of paper or oak tag, use Canva or make a pinterest board to do this exercise online.

If you're creating a paper vision board, go through your magazine stash or head out to a store that carries a wide range of great magazines or use Google to find images that correspond to the ones you've conjured up in your mind (and, of course, let yourself be open to any new ones that emerge in relation to them). Cut out or print these images—splurge on color—you deserve it! Clip or print words or phrases that are especially powerful for you. If you're doing a digital board, focus on online sources for your images.

Want to use glitter? Go for it.

Love bright colors? Find them.





Step 3 | Create!

WORKSHEET

Make your **Dreams Become Reality**

Vision Board! To create your Vision Board, glue images onto a larger sturdy sheet of paper or oak tag, use Canva or Pinterest to find and post your images, or use any other tool you'd like. The most important thing is that you create something you can look at and draw inspiration from on a daily basis.

There is no right or wrong way to do this, as long as you are creating a visual representation of yourself and your dreams for your future that you can look at and feel the energy of it every day!.

It's going to be gorgeous, powerful, and YOURS.

Step 4 | Visualize!

The most important thing is that you create something you can look at and draw inspiration from on a daily basis. Put your Dreams Become Reality Vision Board somewhere that you can look at it every single day as you envision the future of your dreams.

Step 5 | Integrate!

Now you've got to integrate your vision board into your daily life because it holds your highest vision. The images are a powerful display representing your future, that calls you to step into this new, exciting part of your life.

Every day, wake up to and go to sleep looking at and visualizing the images and what they represent to you. Commit to doing one or two things every day that will transform your vision into your new reality.

MODULE 6, SESSION 8

Your Next Steps

CHECKLIST

Watch “Your Next Steps” 

Fill out your Course Celebration Form! 

Your Next Steps!

Celebrate completing Finding The One, the first essential part of your Meet To Marry™ journey! I am so unbelievably proud of you. You made the decision to invest in finding your love, and you might not have realized that you were also investing in transforming yourself!

You showed up and fully engaged this process with a beginner’s mindset and that is a fabulous commitment to your love filled future!

Because of the past wounds and traumas (that many of us didn’t realize were still impacting us) we’ve spent a good part of our lives attracting what we didn’t want. We developed protection mechanisms that kept us from what we wanted the most. As human beings, we are born to give and receive healthy love but sadly, we just didn’t learn how to love ourselves properly growing or how to find healthy love—until now!

You’ve discovered a new way! Now you know who you are and that you don’t need to approach love from your wounded inner child. You CAN have what you want and need. Now you know, there was never anything wrong with you! You were living with a disempowering story since childhood, and now you have the tools and embodiment to be free from the past as you step into your amazing new future.

Generational patterns can be changed! When we own our wholeness and provide for ourselves what we want and need, our bright light can shine freely in the world. I believe that when we are loved properly, we’ll all experience a more peaceful and compassionate world.

I want to thank you again for your commitment to yourself and your dreams! This journey has been challenging and rewarding, and now you are now ready to begin Dating Camp!

I’m so excited to see it all unfold as you move closer to finding your soulmate and living your dream!

With love and belief in you,

Bari

