



# Marriage Vision Dream Board

**"If you will it, it is no dream"**

**- Theodor Herzl**

**Now you're going to add to the Be The One Vision Dream Board that you created in Finding The One and transform it into your Marriage Vision Dream Board.**

**A fully developed vision board reflects your goal of marrying "the one" who loves, supports, and uplifts you. Creating it will assist you in attracting your beloved. It's going to help you "Be The One to Find The One."**

- STEP 1** Gather together your Be The One Vision Dream Board, Marriage Vision Journal, and your completed worksheets from Module 6 of Finding The One (Emotional Needs, Top Personality Traits, Values and Principles, and Goals)
- STEP 2** Find a spot where you can read over all of this material in one sitting. It's really important to synthesize all these juicy details about yourself and to take them in all once
- STEP 3** Jot down any images related to your Marriage Vision that come Step 3 to your mind as you're reading.
- STEP 4** Go through your magazine stash or visit a store that carries a wide range of great magazines. You can also head over to Google and find images and words that correspond to the images you've conjured up, and let yourself be open to any new ones that emerge. Print them out. Splurge on color. You're worth it! You might even want to just use a website like Pinterest to create your Marriage Vision Dream Board. It's really up to you.

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- STEP 5** If you don't have extra room on your existing Vision Dream Board, purchase another large sturdy sheet of paper and some rubber cement and start arranging the images and words in a way that feels right to you.
- STEP 6** Congratulations! You have created a vision board that holds your highest vision. Now you have to integrate that vision board into your daily life. The images are a powerful display representing your future, and they will call on you to step into this new, exciting part of your life. Every day, I want you to set aside time to look at the images and visualizing the future that they represent, that you are creating. Commit to doing one or two things every day that will transform your vision into your new reality.

