



## Meet to Marry Mantras

### Which ones resonate with you?

Choose a few and write them nicely or print them out. Tape them to your bathroom mirror and refrigerator or make them the background of your phone.

**Be sure to look at these mantras at least twice a day!**

- ♥ Personal development is an exciting, ongoing process that allows me to realize my full potential.
- ♥ I am acting in the present to secure the future I desire.
- ♥ Being true to myself will lead me to "the one."
- ♥ I can't expect others to love me if I don't love and care for myself.
- ♥ I attract what I send out.
- ♥ I will find the love I want and deserve as long as I'm conscious and committed to the process.
- ♥ How will I know? It will flow.
- ♥ Attachment to results is the enemy of happiness.
- ♥ One day at a time.
- ♥ I'm going to have exactly what I want.
- ♥ Easy does it.
- ♥ I'm focusing on all of the good and taking advantage of all the resources available to me.
- ♥ I'm going to go with the flow and allow connections and attachment to emerge naturally.
- ♥ I have the courage to take the actions that will transcend my fears.
- ♥ I'm an attraction magnet for the love I want, need, and deserve.
- ♥ Chemistry is important, but it's not the whole story.
- ♥ I love myself and how I look and feel.
- ♥ Timing is everything, and now is the perfect time for me to meet and marry my perfect match.
- ♥ I'm being my best and feeling my best.
- ♥ I'm letting love into my life by letting down my guard.
- ♥ I deserve true love.
- ♥ I trust my instincts. My gut is never wrong.
- ♥ Dating is a numbers game.
- ♥ Every date brings me closer to "the one."

