## **DATING CAMP**

### WHERE DO YOU FIND MARRIAGE MINDED DATES WHO SHARE YOUR VISION?

Everywhere! They were there the entire time but you couldn't see them, or recognize them! Where do you find marriage minded dates who share your vision?

YOU'RE NOT LOOKING FOR A LOT OF 2ND DATES YOU'RE LOOKING FOR THE ONE **"I don't want to scare him/her off?"** Yes you do! If he/she isn't doesn't share your vision, you sure do!

What Makes You Truly Attractive? Being Vulnerable!! Being Yourself! Being you! Regardless of who you are with.

#### **LOVEWORK ACTION STEP:**

### **MARRIAGE VISION JOURNAL**

Create your Marriage Vision to clarify the kind of person you want to share your life with and the kind of life you will create together.

Putting your vision in writing sends out a powerful message to the universe.

You attract what you are ready for at any given time. If you have blockages and blindspots, you're going to attract individuals and situations that play into these distorted, disempowering beliefs about yourself.

Now that you've blasted through those old stories, you're ready to take the next important step that will help you find your soulmate.

To attract this person into your life and create an amazing life together, you have to bring your vision fully into your awareness and feel it now!

Set aside at least 30 minutes to concentrate on creating your Marriage Vision. Challenge yourself to be as specific and descriptive as possible.

You want your answers to be really vivid. Focus on getting to the core of how you want to feel and what you want to be experiencing with your partner. You can come back to your Marriage Vision later on to refine it.

It's YOUR life to design! You are creating and expressing what you want and that energy will align with the universe combined with healthy mindste and committed actions to bring you what you want at the time that is right for you.

Meet to Marry isn't about weddings, it's about creating a conscious, healthy, growing, visible relationship together. Your wedding represents your mutual committment to each other is and the first day of your new life together -- a new beginning you will build and grow together.



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Today's date:

I will be married by:

Today is your wedding day. You are with your soulmate and best friend, the person you've been waiting a lifetime to meet. How are you feeling on this day? What does it feel like to be together at your wedding that represents the first day of the rest of your life with your beloved?

How are you expressing your appreciation for each other on this special day?

Describe the scene of your wedding. What do you see? What do you hear? What are the smells and sounds? Who is there celebrating this special day with you?

How does it feel to celebrate with them?

Describe the scene of your wedding. What do you see? What do you hear? What are the smells and sounds? Who is there celebrating this special day with you?

Now turn your attention to your relationship with your soulmate. What is it going to be like living together as fully committed partners?

How can you make this transition as smooth and exciting as possible?

How will you express your needs and desires -- however big or small -- in a mature and loving way?

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How does it feel to be able to express yourself fully and to ask for what you need? How does it feel to be in a relationship where you are both seen and heard?

How do you express generosity to each other? What do you do for each other every day, week, month and every year? What rituals have you created in your relationship?

What are you going to do together for fun? How will you bring joy into your lives?

How are you going to draw upon your true essence to create a loving, happy and exciting marriage?

You and your spouse will share the values that are most important to both of you. How will you bring these values to life as a couple? How will you share them?

What is it going to be like creating a life with a partner who supports your goals in life? How is he or she going to express this support and work with you to achieve your goals? How are you going to communicate your support of your partner's goals and help him/her reach them?

What else do you want to include in your Marriage Vision Journal? You can continue adding to your vision as new ideas, dreams, and wishes emerge.

# DATING CAMP journal



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