



MY NEW *Empowering* STATEMENT





Now you're ready to create your New Empowering Statement (that's based on reality), which is going to replace your old, worn-out disempowering story and put you on the fast track to creating your love-filled future!

Step

1

Write out “I am a” and then share your **top 5 personality** traits (your true essence—who you really are without trying) from question #14 of the Reality Check form and how you express them in your life. Describe how these traits will manifest themselves in a relationship with your perfect match and why they will make you an excellent spouse.

I am a _____, _____, _____,
_____, _____ man/woman.

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Empowering
STATEMENT



Step 2

Write out ***"I am attracting my husband/wife who makes me feel"*** and then fill how you want to feel in a relationship (top 5 Emotional Needs) from question #1 of the Reality Check form.

I am attracting my husband/wife who makes
me feel _____,
_____ & _____

MY NEW
Empowering
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Step

3

Write out **“Together we are”** and fill in your vision for your life with your partner. For instance, you could say something like “Together we are building a life of partnership, raising our children in a spiritual home, and using our wealth to make a difference in the lives of children.”

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Step 4

Take your answers from steps 1, 2, & 3 above and write your complete **New Empowering Statement** below. This will become your guiding vision, inspiration and mission statement to draw your future spouse to you. Your **New Empowering Statement** is a victory over the past and is based on reality - the awesome person you. Once you've created your **New Empowering Statement**, be sure to print it out and look at it often throughout the day. Put it where you can see it as soon as you wake up, before you go to sleep, on your bathroom mirror, your refrigerator or send it to yourself as a reminder throughout the day. Memorize it!

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